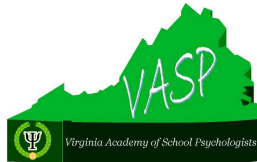


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Virginia Academy of School Psychologists

www.vaspweb.org

October 21, 2009

Dear Public School Colleagues and Friends,

I am pleased to offer you a kit of bully prevention materials, provided to you as part of a Virginia Academy of School Psychologists public education campaign to stop bullying in our schools. School psychologists can take the lead in helping their school maintain awareness about bullying, as well as in developing sound discipline and support policies that help both victims and bullies.

This packet consists of a bully prevention poster, which I hope will find a home in your office or on a bulletin board somewhere in your school. The other pages are parent and teacher handouts, and you have permission to make as many copies of these materials as you need. The materials are not intended to give a comprehensive look at all facets of bullying, but they highlight some of the more common trends. Cyberbullying, dating violence, and relational aggression have now become more prevalent, sometimes with frightening and deadly consequences. Also included in these materials is a handout on relational aggression.

I am grateful to the efforts of the VASP Board for developing these materials, with special thanks to Larry Sutton, Sandi Horton, and Jess Bass, the Board members who took leadership for this project. I also wish to thank Allen Berenson, Director of the Youth and Family Mental Health Services Division in the Fairfax-Falls Church Community Services Board and Susan Poskus, faculty member from the Education Department at the University of Hartford for their review and advice. These materials will soon be placed on our website (www.vaspweb.org) where they can be downloaded by members and non-members alike.

Please enjoy these materials and contact me or your school psychologist for more information on bully prevention.

Sincerely,

Cindy Smith

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