

Kindergarten SOLs – A Summary

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The Virginia Standards of Learning (SOL) for Kindergarten students cover 9 main areas. Your child will be taught most of these skills by the end of the Kindergarten year. Below are some examples:

Language Arts includes the development of listening/comprehension skills; participating in literary experiences; an awareness of the printed word and writing skills; interacting to stimulate language growth; and communicating through written symbols.

Mathematics includes the development of tracing numerals 0-10; matching items with corresponding numeral; ordering and combining sets of objects; comparison of items in height, length, time, weight; identification of coins; identifying shapes; graphing objects; grouping items with common attributes.

Science includes the development of shared responsibilities and using materials in a safe manner; matching appropriate body organ with corresponding five senses; classifying objects by floating/sinking, attraction to a magnet; observe/describe daily weather conditions; how living things change and grow; describe similarities and differences between various environments; ways to conserve energy and natural resources.

Social Studies includes the development of recognizing self as a unique individual; identify and describe personal feelings; assume classroom responsibilities; know the rules of school; recognizing different family structures; using simple charts and graphs; identify adults in the school by the jobs they perform; understand terms that give direction, location, and distance.

Health includes the development of disease prevention and control; mental health and positive self-image; nutrition; personal growth and personal health; and safety and first aid.

Physical Education includes the development of maintaining personal space; moving safely and efficiently using general space; demonstrating spatial concepts while moving; discovering ways of balancing on different body parts; following instructions in a given sequence; and demonstrate the body management skills of starting and stopping.

Music includes the development of the difference between a singing and a speaking voice; play simple instruments; demonstrate a steady beat; imitate simple rhythm patterns; identify classroom instruments by sight and sound; create rhythmic movement to music.

Art includes the development of expression of personal experiences, thoughts and feelings through visual and performing arts; discover that the senses are avenues to self expression through art; demonstrate motor skills through artwork; identify colors by name; identify basic two-dimensional shapes; and identify textures.

Family Life includes the development of the student experiencing success and positive feelings about self; respect from and for others; understanding and awareness related to his/her behavior on others and their behaviors on himself/herself; understanding that everyone is a member of a family and families come in different forms; understand the elements of good and bad touches by others, identify feeling "good" and feeling "bad"; how to say "no" to inappropriate approaches from others; how to find help safely if lost.

